



# Scotia-Glenville Senior Citizens Senior Moments



Volume 41 Number 3

May - June 2015

Glenville Senior Center ★ 32 Worden Road, Glenville, NY 12302 ★ 518-374-0734

Senior Moments is issued once every two months i.e. Jan-Feb.; Mar.-Apr.; May-June; July-Aug.; Sep.-Oct. and Nov.-Dec.

## Pizza & Movie Night

Tuesday, May 12th, 5-8 p.m.

Cost \$5 for members; \$7 guests of members

Doors open at 5:00 pm

Back by popular demand. Pizza from **Red Front Pizza and Restaurant** with salad, popcorn and baked goods will be served. Featured film will be *The Best Exotic Marigold Hotel*, a 2012 British comedy-drama film featuring a cast of British Pensioners moving to a retirement hotel in India. Tickets will be sold at the front desk on a first come, first served basis starting on Tuesday, April 28<sup>th</sup>.



## Reception for New Members

Thursday, May 14th at 1:30 p.m.

Light refreshments will be served. Board members and Committee chairs will be on hand to meet and greet you and answer questions. The regular Board meeting will follow at 2 p.m. and all are invited to stay for the meeting. We currently have over 60 new members!

## Open House & Ice Cream Social

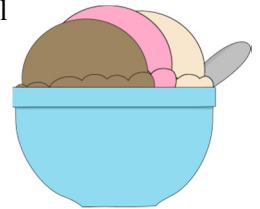
Thursday, June 18th, 4-7 p.m.

The Glenville Senior Center, located at 32 Worden Road, will host an evening showcasing the various activities at the center, most of which are staffed by our volunteers. Seniors are welcome to attend to learn more about our fabulous trips, programs and services for adults ages 55 and better.

Ice Cream Sundaes provided by **Stewart's Shops**. Fun! Prizes! Refreshments! And so much more.

Bring a friend, take a tour, and learn what our center has to offer. New member registration and renewal memberships available.

**Sponsored by Baptist Health System** which includes Baptist Health Nursing and Rehabilitation Center, The Homeward Bound Transitional Care Rehabilitation Program, Judson Meadows Assisted Living Community, Home Connection Companions and Calling to Check.com For more information on all of these services, refer to Baptist's website at [www.bapthealth.com](http://www.bapthealth.com)



### Trips

Tuesday, May 19th - Trip to Villa Roma, Catskills

Tuesday, June 16th - New York City 9/11 Memorial & Museum

Tuesday, June 23rd - Turning Stone Casino, Verona

### INSIDE THIS ISSUE

	Page		Page
Center News	2	Trips and Travel	8
Center Services	3	Senior Center Calendar	9
Center Events	4	Dining Center	10
Classes	5	Community Connections	11
Center Activities	6,7	Membership Form 2015	11

### MARK YOUR CALENDAR

Exec Council: Thu May 7, June 4 at 9:30 am at Town Hall  
Directors: Thu May 14, June 11 at 1:00 pm at Senior Ctr.  
**Senior Moments Deadline:** Thu May 28  
**Senior Moments Mailing:** Thu June 25 9:00 am  
Center & Dining Center closed: Mon May 25

*Senior Moments* is published by  
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Linda Reinhart, President

Vicki Hillis, Executive Editor, Publisher

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### GLENVILLE SENIOR CENTER

32 Worden Rd., Glenville, NY 12302 (518) 374-0734

Center open 9:00 am to 4:00 pm

Center is closed Sat. & Sun. & holidays except  
open for special events as noted herein.

# SENIOR CENTER NEWS



## A line from Linda

Dear Members,

The calendar says spring, but ? Our golf league is cleaning their clubs and the gardening committee will be starting up soon. Definitely signs that spring is on its way.

Our St. Patrick's Day celebration was a big success. Thank you to **Sandy Nolin** and the Social Committee. Everyone had a nice time.

To all our volunteers here at the Center, thank you for all that you do. I hope that you were able to enjoy our Volunteer Recognition Luncheon back on April 10th.

Check out some of our new trips. Come aboard and leave the driving to the bus company.

Hope to see you all when you stop in and say hello.

*Linda*

## Social Committee news

Thank you to all who helped on our successful and sold-out St. Patrick's Day Dinner on March 16th. Many have expressed that they had a most enjoyable evening from the food from **Katie O'Byrnes** to the festive music of the Shenanigans and of course the Irish step dancers from Boland Irish School of dance. Thank you to the students from Burnt Hills High School who assisted us in so many ways. Congratulations, too, to our 50/50, door prize and raffle winners. This is an event we will all remember. A big thank you also to our Sponsor, **The Meadows at Glenwyck**, who helped make this all possible.

April 12-18 was National Volunteer Recognition Week. We are a unique Senior Center in the area as we are run by close to 140 Volunteers and only one part-time coordinator. With the help of our Sponsor, **The Meadows at Glenwyck**, and our speaker **Chris Koetzle**, our volunteers received recognition for all they do for our community and membership. On April 10th, a complimentary luncheon was held, catered by **Marcella's Family Italian Restaurant** in Glenville with entertainment provided by the Misty Jazz Trio. Gifts and door prizes were given out.

Have you thought of being a social committee volunteer? Come out and join our volunteer force. We have a place for you. Contact **Sandy Nolin**, Chair, Social Committee, at [sskdk@aol.com](mailto:sskdk@aol.com) or 399-5812.

## Hi from the Editor

Dear Friends, I used to quip that weather is often as crazy and unpredictable as people. It proved true this winter with extreme cold and with snow showers on the first day of spring! It was milder in Anchorage, AK!

I, also, was under the weather for some time and hope to feel better in the coming balmy spring.

*Nagarajan*



## Vicki's View



Welcome spring! We have lots of activities going on this season. Try an exercise class or sign up to come for lunch in the dining center. Check out our sports leagues or art classes. Come to one of our expanded social events.

The Senior Center is often the recipient of donations from members, past and present. We would like to thank **Mary Ann Jackson** for designating the Center as the beneficiary of the remaining funds of the now-dissolved Gold and Silver Club, founded in 1957 as the first effort to bring seniors together in this area. This donation was given in honor of **Mr. Knowlton**.

*Vicki*

**Please note:** Many people have sensitivities to perfume. Please try to refrain from using your signature scent, particularly when on trips or coming for exercise class.

## Membership News

Thank you to all the members who responded so promptly to our reminder mailing for 2015 dues. If you still haven't renewed your membership, please take a moment to do so now. Application form is on page 11 and also available at the front desk.



## Help us recycle!

Our Senior Center is now single stream recycling just the way you do at home. Acceptable items include cardboard, paper, metal cans, foil and plastic containers. The recycling bin is located outside the back door. Your cooperation is appreciated.

# CENTER SERVICES

Center Membership is required unless noted otherwise. Be prepared to show your Membership Card.

## The Sunshine Club

Do you know any member who is recovering from an illness/operation or the family of a member who has died? Or maybe a member who could use an extra ray of sunshine? The Sunshine Club will send a card or make a phone call to let them know that they are in our thoughts and special to us. Contact **Jo Moore** at the Center.

## Box Tops or Labels for Education



Check cans, bags, and boxes of groceries, cleaning supplies, etc., and you'll probably find little symbols like these on many of them. Each of these little symbols is worth 10 cents to our neighboring Glen-Worden

Elementary School, so don't throw them away.

Keep looking for these Labels and Box Tops and bring them in so we can help the school achieve their goal to get playground equipment for the school. Our collection box is near the books and magazines in the main hallway. Thanks for your help.

## Display Case

**Emily Childers** has kindly agreed to be the coordinator to schedule upcoming displays. Thank you to **Ed Pike** for his display of vehicles in March and to **Mary McClaine** for the April display of Italian treasures.

Watch for the upcoming displays:

May - Wooden animal figures by **Althea Giaquinto**

June - Cardinals by **Joan Gould**

We are always in need of collections. Remember, the case is lighted and always locked.

## Senior Center Kazoo Band

Looking for an outlet for your musical talents? Come have some fun and join the Kazoo Band. Call **Ronnie Quinn** (399-5999) or **Bill Vullo** (399-8611) for details.

## Coupons Exchange

There's a coupon exchange box on the table in the hallway. Take what you need; donate those you don't need.

## Van Transportation

For residents of Glenville and Scotia only. Senior Center membership not required.

*Our van must stay within Glenville/Scotia.*

### On-request pickup and delivery



Call 374-0734 M-F between 9 am and noon at least a day ahead (up to two weeks ahead) to reserve space and schedule a ride to take you on your errands: to the barber or hairdresser, Wal-Mart, grocery store, to visit a friend, etc., within the town. The van operates Monday through Friday, 9 am-3 pm.

**Donations are gratefully accepted to help defray costs.**

*The Center cannot offer transportation to medical appointments, but Catholic Charities may be able to, with ample advance notice. Call Catholic Charities 357-4710 (donations accepted).*

### Tuesdays: Scheduled trips to Malls

Call a week ahead to reserve a space. We begin home pickups at 9:30 am and return at 2:00 pm. Schedule subject to change, based on availability of drivers.

**No charge, but donations are appreciated.**

#### Rotterdam Mall

May 5, 19

June 2, 16, 30

#### Clifton Park Mall

May 12, 26

June 9, 23

## We Need Drivers & Dispatchers.

## Having a computer problem?

Schedule a one-hour session with a Senior Center computer tutor. Call the Center for appointment. Free to members.



Like Us on Facebook.  
Search **Scotia-Glenville Senior Citizens, Inc.**

**facebook**

## Donate eyeglasses

The Scotia-Glenville Lions Club collects discarded eyeglasses which they restore and give to those less fortunate. So drop off your donation in the box located in the Center library.

# SENIOR CENTER EVENTS

Center Membership is required unless noted otherwise.

## Paint with Peggy

Monday, June 1st

9 am - 1:15 pm

Have you ever wanted to try oil painting? Are you afraid you can't paint because you can't draw? Join us at the Senior Center and "Paint with Peggy"! Peggy is a certified Alexander Art Instructor and Wilson Bickford Painting Partner. In the class you will create an oil painting, "Sailing Away", a lovely summer painting. In fact, this class was cancelled in January due to the weather! It will remind people of a lakeside vacation! We will begin with a blank canvas, and at the end of the class, you will feel as if you can sit on the shore and look across the lake to the distant woods. This painting involves color harmony, perspective and painting deciduous trees.



Peggy provides all the materials from a blank canvas, oil paints and brushes to paper towels. She walks the students through the steps and teaches the techniques to create the painting. This class is for any level of painter, no experience is required. Beginners are welcome.

**Cost:** \$45 Payment due at time of registration. Please make checks payable to **Peggy Porter**.

Maximum: 8 students. Sign up at the Front Desk.

Call Peggy at 925-2238 for details.

## Drawing: Discover the Beauty of Charcoal

Wednesday, May 27th 1:30—3:30 pm

Cost \$25

Join us for this 2-hour class to discover the expressive qualities of charcoal. All skill levels are welcome to attend. Materials, tools and instruction are included in the fee. Please make checks payable to the instructor, **Tina Rodriguez**, when you register.

## Senior Moments Mailing party

Thursday, June 25th at 9:00 am

Come join us for our "Christmas in June" mailing party as we prepare the Senior Moments Newsletter for mailing. Volunteers perform the vital task of folding the Newsletters and applying the pre-printed address labels for mailing. We'll meet in the Dining Center and complete the task usually within 1.5 hours. A grabbag drawing will be held while refreshments and coffee are served. Come join us and have some fun! You may be a winner.

## AAA Driver Safety Course

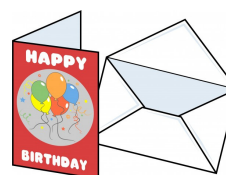
This program can reduce your auto insurance premiums. Classes will be two 3-hour sessions held on two consecutive days. Senior Center membership not required.

Tue/Wed, May 19th & 20th, 2-5 pm

Tue/Wed, June 16th & 17th, 2-5 pm

**Cost:** Senior Center members: \$25; Others: \$32.

Pay by check payable to **AAA Northway**. NO CASH. Checks are not cashed until the class is held. Participants must register in person at the Front Desk. No phone reservations are accepted.



## Stampin' Up Card Workshop

Thursday, May 21st 3-4:30 pm

Tuesday, June 23rd 3-4:30 pm

Cost \$5 per class

Join us for an afternoon of creativity and paper-crafting fun. Materials and instruction provided to make 4 greeting cards. Please sign up in advance at Front Desk. Checks should be made payable to the instructor, **Lynn Streifert**.

## Glenville's Got Talent

We would like to showcase you and your talent at a variety night at our center on Tuesday, August 11th.

- ★ Do you play an instrument, sing, dance, do stand up comedy, juggle, do magic tricks, etc.?
- ★ Would you like to put together a "Kitchen Band" for an evening event?
- ★ Are you willing to sing karaoke?

Solo or group acts are welcome. All in the name of fun and entertainment. You have 4 months to get ready! If you are interested, please contact **Sandy Nolin** by June 15th at 399-5812 and let us know what your act will be. We would like to include as many acts as possible.



# CLASSES AT THE SENIOR CENTER

All classes require registration. Center membership is required; must show current membership card at registration. Please feel free to come and observe any class. Refunds for missed classes must be requested from the instructor.

<b>SUMMER SESSION:</b> June 8th - August 8th No Classes on June 22-26th, July 3rd Fees: 1 class/wk \$25; 2/wk \$33; 3/wk \$43; 4/wk \$52; 5/wk \$62 Registration date: Monday, May 11th 9-11 am	
Class	Schedule
Fit Over 50	Mon. 9:15 Wed. 9:15 Fri. 9:15
Flexibility	Mon. 11:15 Wed. 10:15
Forever strong	Mon. 10:15 Wed. 11:15 Fri. 10:15
Gentle Pilates for Seniors	Thur. 10:15
Zumba Gold	Tue., Thur. 9:15

## YMCA Classes

### Fit Over 50

A gentle warm-up, followed by invigorating aerobic, strengthening, & stretching segments. Total body conditioning leaves you feeling energized. 45 minutes.

### Flexibility

Stiff Joints? Need relaxation? This class will help to make everyday tasks easier. 45 minutes of easy stretching and relaxation techniques, performed seated, help ease stiff joints and increase your range of motion.

### Forever strong

Weight-bearing exercises are an effective and simple way to help fight osteoporosis. Light weight-bearing exercises designed to increase both muscle strength and bone density will be performed on both the upper-body and lower-body muscles. Equipment is provided. 45-minute class.

### Gentle Pilates for seniors

This 45-minute class will provide gentle exercises to stretch and strengthen the "Core" muscles of the body. Exercises will focus on the

abdominals, back, and hips to help keep you standing tall. A yoga exercise mat is required, since most of the exercises are done on the floor.

### Zumba Gold

Ditch the workout and join the party! Zumba Gold uses Latin rhythms and easy-to-follow steps to create a dynamic and fun fitness program. 45-minute class.

## Other Senior Center Classes

### Gentle Yoga

Wednesdays, 2 pm

Yoga can help promote wellness through stretching, conscious breathing, simple postures, and relaxation. It can also help calm the nervous system, lower blood pressure, increase flexibility and improve balance. Adaptable for individual needs. Beginners welcome. Wear loose-fitting, comfortable clothing. Bring mat, blanket, and small pillow.

Pay instructor **Nancy Tobiessen** on the first day of attendance.

### Ballroom Dance

Fridays, 2:00 p.m.

The standard dances such as waltz, fox trot, rumba, swing and cha cha, may be supplemented with tango, samba, Viennese waltz, quickstep and mambo. For more information, call **Chuck Guare** at 374-9732 or email [guare-charles@gmail.com](mailto:guare-charles@gmail.com)

### Tai Chi practice

Tuesdays, 9:00 am

We welcome you to join our small group trying to maintain our Tai chi skills.

# CENTER ACTIVITIES

Center Membership is required unless noted otherwise. Be prepared to show your Membership Card.

## Responsibilities of activity participants

**Participants** in Center activities (meetings, discussion groups, cards and table games, films, presentations, etc.) using Center equipment (e.g., chairs, tables) **are responsible for retrieving and setting up** equipment needed for the activity, and for **returning** it when finished with the activity. In cases where someone else has kindly done some set-up for you, **you remain responsible** for take-down and put-away unless told otherwise by a responsible person.

### Coffee and Conversation

**Tuesdays, 9:00 - 11:00 am**

Enjoy some refreshments and a great cup of coffee while you share your thoughts with others. If you are new to the Center, this is a great way to meet new friends.



### Knitting and Crocheting

**Tuesdays, 1:00 pm**

Join us anytime! If you are a knitter or crocheter, stop by to meet some new friends. Want to learn either? We will help get you started. New members welcome!

Thanks to those who have replenished our supply of yarn. We do not need any more yarn at this time.

For more information, call **Anne Macejka** at 393-3551.

### Mah Jong

**Wednesdays, 9 am**

Anyone who knows the game is welcome to join us. We have the game boards or you can bring your own. We also play at the card sessions on Mondays and Thursdays.

### Pickleball

**Mon, Wed, Fri, 4:00 pm**

Novice play is scheduled for Mondays, Wednesdays, and Fridays. We're still looking for a coordinator. Questions: leave a message at desk.

### Senior Center Photographers

**Thursdays, 10:00 am**

Activities include taking photo trips to local sites, sharing slides and prints, demonstrating the capabilities of a photo-editing program on the Center's computer, and discussing any aspect of film or digital photography. Free. Come check us out some Thursday.

### Acrylic and Oil Painting

**Fridays, 10:00 am - 1:00 pm**

See instructor, **Dani Morette**, for fees and schedule.

Find your inner self or perhaps rekindle an old passion for creating something beautiful. Whether a beginner or an experienced painter, you will be able to paint at your own pace. With the expert instruction of **Dani Morette**, you can learn how to create leaves on a tree, grass in the field, streams of flowing water or a simple flower vase. Whatever your desire, with Dani's expertise, you can achieve your goal with a sense of accomplishment.



### Silver Threads Quilters

**Thursdays, 1:00 - 3:00 pm**

We are a group of friendly, mentoring ladies who share threads of wisdom and create works of art. Check our Bulletin Board in the hallway and see photographs of our creations. Everyone is welcome; there is no fee.

### Cribbage

**Tuesdays, 10:00 am**

Our regulars participate in a Cribbage Tourney and, to say the least, the competition is spirited! We invite anyone who would like to play or learn to play... We are a very sociable group... Come join us.

### La Bella Lingua (The Beautiful Language)

**Tuesdays, 1 pm**

The Italian Club is going very well. We have a great group of experienced people who are very enthusiastic about learning more and teaching the language to beginners. Come, sit, read, listen and learn together on Tuesdays at 1:00 p.m. Call **Ed Perazzo** at 399-1438.

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### First Monday Book Club

First Monday of month, 10:00 am

All Center members are welcome to join our monthly sessions. For each meeting, please read the book listed and come prepared to join the discussion.

May 4 - *The American Jezebel* by Eve LaPlante

June 1 - *The American Heiress* by Daisy Goodwin

### First Friday Film Club

First Friday of the month at 1:30 pm

May 1st: **THE HUNDRED –FOOT JOURNEY**

The owner of a celebrated French restaurant is initially incensed, when an Indian family opens a restaurant just down the street, until she takes the family's talented young chef under wing. The film is intelligent about food and life, stressing the value of fresh vegetables with 'soul'.

Starring **Helen Mirren, Om Puri** and **Manish Dayal**

June 5th: **THE MILLION-DOLLAR ARM**

American biographical sports-drama film, based on the true story of baseball pitchers Rinku Singh and Dineh Patel who were cricket bowlers in India, and discovered by sports agent Bernstein.

Starring **Jon Hamm, Bill Paxton, Suraj Sharma, Madhur Patel** and **Alan Arkin**

**Please Note:** There will be no shows in July and August for summer recess. The next season will start on September 4th.

Call **Dr. N. Nagarajan (399-0195)** for films for future screenings. Snacks and coffee will be served.

### Bocce League

As soon as the weather cooperates, we will begin bocce play once again. We are currently looking for a volunteer to coordinate the league. Time and day to be decided. Sign-up at the front desk if you are interested in playing.

### Calling All Gardeners

In May, we will spend a day or two getting our gardens ready for the season. Volunteers are needed to help rake, mulch and plant annuals. After this, we need people to weed and deadhead throughout the summer. Sign-up at the front desk if you are willing to help.

### Card Playing

Mondays and Thursdays, 12:30 pm

We play bridge, pinochle, canasta, hand-and-foot card game.....and mah jong. This is a great opportunity to meet new friends.

Generally, foursomes are established and seldom have openings for drop-in players. If interested, stop by the front desk and add your name to the list of new interested players, indicating the game(s) of your interest. Someone will follow up with the list to establish new groups of play.

### Duplicate Bridge

Tuesdays, 12:30-4:00 pm

No previous experience is necessary. This is a friendly game! Come with your partner, or contact **Walter Overstreet** at 372-0448 if you need a partner.

### Senior Golfers

Monday & Wednesday League

These two leagues will play at the Galway Golf Course located at Jockey Street in Galway. One league will play on Mondays and the other on Wednesdays, with tee-off times starting at 9 am, beginning on the first Monday and Wednesday of May 2015. We hope to have 28 players in each league. Please contact **Don Hickerson** at 393-5674 or email at [shdogolf@aol.com](mailto:shdogolf@aol.com) for the Monday league, or **Shirley Hickerson** for the Wednesday league. You may sign up for one league, both leagues or as a substitute player.



### Thursday League

Join our league at Mill Road. We play 9 holes on Thursday mornings starting May 14th. Call **Margo Snyder** at 952-7371 for more information.

### Scotia-Glenville Senior Bowling League

Congratulations to center member **James Staub** for bowling a perfect 300 game in April.

## TRIPS and TRAVEL

- ◆ **Make reservations** in person (none by phone).
- ◆ **Payment** must accompany reservation.
- ◆ **Mail reservations** confirmed only if space is available.
- ◆ Responsible adult must be with anyone requiring **walking aid**.
- ◆ **Cancellations** reimbursed only if a replacement is found.
- ◆ Center members may invite **family or friends** as guests on a trip.
- ◆ **Children** should be at least junior-high-school age.

### Trip to Villa Roma in the Catskills Tuesday, May 19th

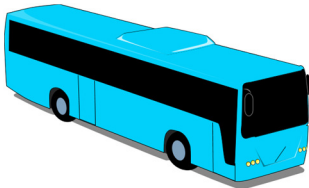
Enjoy a great day of food, friends and entertainment at the beautiful Villa Roma resort. "A Tribute to the Music of Frankie Valli and the Four Seasons" is an exciting musical revue featuring a concert of all the hits of those legendary performers.

The luncheon menu will consist of a fruit cup; minestrone soup; a choice of half of a roasted chicken, London broil or tilapia; starch and assorted vegetables. The dessert is chef's surprise.

The bus leaves the Center at 7:30 a.m. and returns at approximately 7:00 p.m.

Sign up at the front desk.

**Cost: \$65 per person (Member or Non-member)**



- ◆ **Non-members** not sponsored by members as described above are subject to bumping by a member who is on waiting list.
- ◆ Trips that are for Senior Center **Members Only** will be so identified in the *Senior Moments* announcement.
- ◆ *Senior Moments* cannot publish announcements of trips sponsored by **organizations other than** the Glenville Senior Center or those we team with for Joint Venture trips.

### National 9/11 Memorial & Museum Tuesday, June 16th

Join us for a trip to the National 9/11 Memorial and Museum. In addition, there will be a 1 1/2 hour Circle Line boat tour of lower Manhattan and a premium deli luncheon. The bus departs at 6 a.m. from the Center and arrives back at 7 p.m.

Please note that there will be walking and standing on this tour.

Sign up at the front desk.

**Cost: \$115 per person (Member or Non-member)**

### Turning Stone Tuesday, June 23rd

Bring your lucky charm and join us for a day at the Turning Stone Casino. The bus departs at 7:30a.m. from the Center and leaves the casino at 5 p.m. Sign up at the front desk.

**Cost: \$25 per person (Member or Non-member)** includes:

\$25 free play for slots and a \$5 voucher for food or \$20 bingo bucks and a \$5 voucher for food.

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### Do you remember?

1. Where did headlight dimmer switches used to be located when you were young?
2. The bottle top of a Royal Crown Cola bottle has holes in it. For what was it used?
3. Why was having milk delivered a problem in northern winters?
4. What was the popular chewing gum named for a game of chance?
5. What method did women adapt to look as if they were wearing stockings when none was available due to rationing during W.W.II?
6. What postwar car turned automotive design on its ear when you couldn't tell whether it was coming or going?
7. Before inline skates, how did you keep your roller skates attached to your shoes?
8. Which spacecraft took the first man to the moon?
9. Who left his heart in San Francisco?
10. What was the name of Caroline Kennedy's pet pony?

*Answers on page 13*



# GLENVILLE SENIOR CENTER – CALENDAR OF EVENTS

**June 2015**

**May 2015**

Fri 1 Film Club 1:30 pm  
 Mon 4 Book Club 10:00 am  
 Tue 5 Shopping – Rotterdam Square Mall  
 Tue 5 Caregiver Group 1:00 pm  
 Thu 7 Executive Council Meeting 9:30 am  
 Mon 11 YMCA Class Registration 9:00 – 11:00 am  
 Tue 12 Shopping – Clifton Park Mall  
 Tue 12 American Legion 1:00 pm  
 Tue 12 Movie Night 5:00 – 8:00 pm  
 Thu 14 New Member Reception 1:30 pm  
 Thu 14 Board of Directors Meeting 2:00 pm  
 Tue 19 Catskill trip to Villa Roma 7:30 am  
 Tue 19 Shopping – Rotterdam Square Mall  
 Tue 19 AAA Driver Safety Class 2:00 - 5:00 pm  
 Wed 20 AAA Driver Safety Class 2:00 – 5:00 pm  
 Thu 21 Stampin’ Up Card Workshop 3:00 – 4:30 pm  
 Fri 22 No YMCA Classes  
 Mon 25 Senior Center & Dining Center Closed  
 Tue 26 Shopping - Clifton Park Mall  
 Wed 27 Charcoal Drawing Class 1:30 pm  
 Thu 28 Deadline for *Senior Moments*

Mon 1 Paint with Peggy 9:00 am – 1:15 pm  
 Mon 1 Book Club 10:00 am  
 Tue 2 Shopping – Rotterdam Square Mall  
 Tue 2 Caregivers Group 1:00 pm  
 Thu 4 Executive Council Meeting 9:30 am  
 Fri 5 Film Club 1:30 pm  
 Tue 9 American Legion 1:00 pm  
 Tue 9 Shopping – Clifton Park Mall  
 Thu 11 Board of Directors Meeting 1:00 pm  
 Tue 16 NY City Trip – 9/11 Memorial 6:00 am  
 Tue 16 Shopping - Rotterdam Square Mall  
 Tue 16 AAA Driver Safety Class 2:00 – 5:00 pm  
 Wed 17 AAA Driver Safety Class 2:00 – 5:00 pm  
 Thu 18 Open House & Ice Cream Social 4 – 7:00 pm  
 Mon 22 No YMCA Classes all week  
 Tue 23 Stampin’ Up Card Workshop 3 – 4:30 pm  
 Tue 23 Trip to Turning Stone Casino, 7:30 am  
 Tue 23 Shopping – Clifton Park Mall  
 Thu 25 *Senior Moments* Mailing 9:00 am  
 Tue 30 Shopping – Rotterdam Square Mall



## Weekly Events – May - June

Mon	Card Playing	12:30 pm
Mon	Pickleball	4:00 pm
Tue	Cribbage	10:00 am
Tue	Coffee & Conversation	9:00 am
Tue	Duplicate Bridge	12:30 pm
Tue	Knitting & Crocheting	1:00 pm
Tue	La Bella Lingua club	1:00 pm
Wed	Mah Jong	9:00 am
Wed	Pickleball	4:00 pm
Thu	Photography Group	10:00 am
Thu	Card Playing	12:30 pm
Thu	Quilting	1:00 pm
Fri	Acrylic & Oil Painting	10:00 am
Fri	Ballroom Dancing	2:00 pm
Fri	Pickleball	4:00 pm

## WANTED

**We need volunteer drivers for our van. Please contact Linda if you are interested.**



### Attention GE employees, retirees, and spouses of either

Gifts of \$25 or more to the Senior Center can be matched by the GE Foundation’s Matching Gift Program. You can register gifts to the Center by calling the GE Matching Gift Center at 1-800-305-0669, or online at [www.ge.com/foundation/matching\\_gifts.html](http://www.ge.com/foundation/matching_gifts.html).

On that website, the Senior Center appears on the list of “Approved” organizations as:  
 SCOTIA GLENVILLE SENIOR CITIZEN RECREATION RELATED CONCERNS (Approved)  
 32 WORDEN RD., SCOTIA, NY 12302-3409  
 Tax ID: 222186497

**Note** that matching is available only for true gifts, not for payments for annual dues, trips, admission to events, meals, etc. Call **Vicki Hillis** for more information.

# GLENVILLE SENIOR DINING CENTER

*Operated at the Glenville Senior Center by Catholic Charities of Schenectady*

Open to all seniors. Senior Center membership not required.

**Kathy Conboy** – Dining Center Manager

**Diana Yeo** – Dining Center Assistant

The Senior Dining Center offers a hot, nutritious noon meal Mondays through Fridays. A variety of activities and programs take place prior to the meal, with penny bingo every day and prize bingo on Wednesdays after lunch. Every Tuesday, there is also transportation available for grocery shopping at 12:30 pm (\$2.00 round trip to Hannaford or Price Chopper).

**Reservations: Call 393-1946, 9:00 am to 2:00 pm, a day in advance.**

**Please call ahead if you need to cancel a reservation.**

Substitutions available. Make request when you call for reservation.

**PLEASE ARRIVE BY 11:45 FOR THE NOON MEAL**

Suggested donations for meals: \$3.25 for those 60+; \$6.00 for those under 60.

All are welcome. Have a good meal and meet some wonderful people.

\*Catholic Charities Transportation to the Dining Center is available.

Suggested donations are \$1.25 each way to and from the Dining Center.

<b>May-15</b>		
Fri	1	Macaroni & Cheese
Mon	4	Seafood Newburg
Tue	5	Chicken Marsala
Wed	6	Baked Meat Ziti
Thu	7	Eggplant Parmesan
Fri	8	Harbor Baked Fish
Mon	11	Salisbury Steak
Tue	12	Baked Manicotti
Wed	13	Pulled Pork Sandwich
Thu	14	Turkey Roll Up
Fri	15	Macaroni & Cheese
Mon	18	Baked Ham
Tue	19	Chicken & Biscuit
Wed	20	Pizza & Wings
Thu	21	Chicken Cacciatore
Fri	22	Breaded Fish Dinner
Mon	25	Closed - Memorial Day
Tue	26	Roast Beef with Gravy
Wed	27	Kielbasa w\ Sauerkraut
Thu	28	Fried Chicken
Fri	29	Macaroni & Cheese

<b>Jun-15</b>		
Mon	1	Spaghetti and Meatball
Tue	2	Roast Beef with Gravy
Wed	3	Kielbasa w\ Sauerkraut
Thu	4	Fried Chicken
Fri	5	Macaroni & Cheese
Mon	8	Seafood Newburg
Tue	9	Chicken Marsala
Wed	10	Baked Meat Ziti
Thu	11	Eggplant Parmesan
Fri	12	Harbor Baked Fish
Mon	15	Salisbury Steak
Tue	16	Baked Manicotti
Wed	17	Pulled Pork Sandwich
Thu	18	Turkey Roll Up
Fri	19	Macaroni & Cheese
Mon	22	Baked Ham
Tue	23	Chicken & Biscuit
Wed	24	Pizza & Wings
Thu	25	Chicken Cacciatore
Fri	26	Breaded Fish Dinner
Mon	29	Spaghetti and Meatball
Tue	30	Roast Beef with Gravy

# COMMUNITY CONNECTIONS

*These events are open to the public; Center membership is not required.*  
DISCLAIMER: Neither *Senior Moments* nor the Scotia-Glenville Senior Citizens Inc. can endorse or take responsibility for any organizations or services mentioned in news items or advertisements herein.

## American Legion Post 1001 Scotia, NY

Second Tuesday of month at 1:00 pm.

Upcoming meetings: May 12; June 9

Bill Wragg, Cmdr.; Kurt Von Maucher, Adj.

## Caregiver Conversations

First Tuesday of month, 1:00 pm

Caregivers meet monthly at the Center to discuss caregiving issues faced in people's daily lives. Facilitated by Vicki Hoshko, Schenectady County Caregiver Support Coordinator. Upcoming meetings: May 5; June 2

## Military Courtesy Room At Albany Airport

Albany International Airport welcomes our armed forces personnel who are in transit through the airport. We offer food, drinks and media entertainment in a comfortable setting for all the service people. Those who are interested in volunteering in the room should contact:

John McKenna at 280-2801, Doug Buzzard at 858-3579 or Larry Schwartz at 399-7406. Thank you.

## Senior Services

Catholic Charities of Schenectady County provides trained staff members who can assist you with choosing health insurance and prescription drug coverage; applying for food stamps, Medicaid and other programs; and locating information about community services and resources. For more information, please contact 372-5667 ext. 149.

### MEMBERSHIP APPLICATION

Jan. 1 thru Dec. 31, 2015

SCOTIA-GLENVILLE SENIOR CITIZENS, INC.  
32 Worden Road, Glenville NY 12302

### Annual Fee:

Glenville & Scotia residents: \$15 per person; Non-residents: \$25 per person  
Checks preferred. Payable to: Scotia-Glenville Senior Citizens, Inc.  
If cash, exact amount please.

Check one:  New Member  Renewal

[Senior = 55 or older]

Check one:  Resident  Non-resident

\* These items required on ALL applications – new members and renewals

PLEASE PRINT

\*Name1 \_\_\_\_\_ e-mail \_\_\_\_\_

\*Name2 \_\_\_\_\_ e-mail \_\_\_\_\_

\*Address \_\_\_\_\_

\*City/State/Zip \_\_\_\_\_ \*Phone \_\_\_\_\_

Interests/Talents/Comments \_\_\_\_\_

Referred by: \_\_\_\_\_ Registration #: \_\_\_\_\_

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*“Do not let what you cannot do  
interfere with what you can.” - Unknown*

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 Certified Seniors' Real Estate Specialist  
 518-640-4808

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### Do you remember?

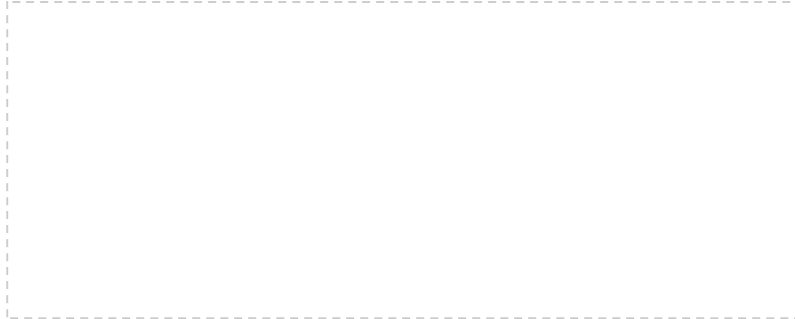
*Answers to quiz on page 8*

1. On the floor, left of the clutch. Hand controls, popular in Europe, took till the 60's to catch on.
2. To sprinkle clothes before ironing. Who had a steam iron?
3. Cold weather caused the milk to freeze and expand, popping the bottle top.
4. Blackjack Gum.
5. Special makeup was applied followed by drawing a seam down the back of the leg with eyebrow pencil.
6. 1946 Studebaker.
7. With clamps, tightened by a skate key, which you wore on a shoestring around your neck.
8. Apollo 11
9. Tony Bennett
10. Macaroni

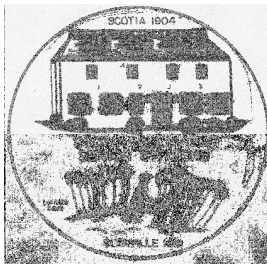
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**CONTACTS**

Senior Center Coordinator  
**Vicki Hillis**  
Glenville Senior Center  
Administrator:  
**Jamie MacFarland**  
Village of Scotia Liaison:  
**Tom Gifford**  
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